

## What's new...

**Tony Pasquali, Health Workforce Development Coordinator**

Welcome to the first edition of "My Allied Health Space" bulletin for 2012. I trust that the holiday period was good to you and your families. The Allied Health space has been relatively quiet for the last 2 months however it is likely to ramp up again soon with some exciting events coming up in the first half of 2012.

I was recently involved in a Health careers forum in Benalla. The day brought together Allied Health practitioners and leaders from the region. The day was hosted by the Department of Education and Early Childhood Development and was aimed at workshopping current pathways to a career in Health. Discussion was prompted skilfully by Rowena Allen from Skills Victoria and the professionals present were able to provide feedback and ideas for the industry. Watch this space in 2012.

This edition includes information about the CPD Works program and Allied Health and Recruitment initiatives as well as the usual information about vacancies and PD opportunities.

Please enjoy the read and I wish you all a happy and healthy 2012.

### Did you know?

The control-pause test is a test of your body's tolerance to CO<sub>2</sub>. The modern day norm is 20 – 30 sec as compared to the norm 80 to 100 years ago which was 40 – 50 sec!



©2009 Ted Szukalski <http://www.digital-photo.com.au/>

### **Introducing Dr Annette Dunham the new director of education and training for CPDWorks**

CPDWorks provides continuing professional development for allied health practitioners in rural and regional Victoria. It is free and open to all allied health practitioners. The program has been funded by the Department of Health in Victoria to improve recruitment and retention of the rural allied health workforce. Professional development is currently provided through workshops held in various regional and rural venues throughout Victoria and recorded presentations are available on the CPDWorks website. A series of video conferencing events is also planned for 2012.

The current director of education and training for CPDWorks is Dr Annette Dunham who took up the role in August 2011. Annette has a BA, MSc (Hon) and a PhD in organisational psychology. However she originally trained and worked as a registered Occupational Therapist. She therefore brings into the role experience as an allied health practitioner as well as an interest in workforce capacity issues. She looks forward to drawing on both perspectives in her new role focusing on continuing professional development for allied health practitioners.

The existing CPDWorks presentation topics are currently being revised and added to. An up to date list of presentation topics will be posted in the CPDWorks quarterly newsletter. If you have a request for an existing presentation to be delivered in your area or a request for a topic you would like to see on the presentation list please contact the CPDWorks administrator, Katie Dopheide at the following email address:  
[cpdworks@greaterhealth.org](mailto:cpdworks@greaterhealth.org)

Please note it is also recommended you advise your manager if you are making a request for a professional development topic to be delivered to your organisation.

The CPDWorks website is:  
[www.cpdforalliedhealth.org](http://www.cpdforalliedhealth.org)

### **Upcoming CPDWorks events in Victoria**

Date: 7 & 8 February 2012

#### **Stress Management for Allied Health Practitioners**

#### **Conflict Resolution**

#### **Working in Teams**

#### **Leadership in the Allied Health Professions**

Venue: Mildura

Time: 10 am to 3.30 pm

Book online at [www.cpdforalliedhealth.org](http://www.cpdforalliedhealth.org) or phone Katie Dopheide 03 551 8448 or email [Katie.dopheide@greaterhealth.org](mailto:Katie.dopheide@greaterhealth.org)

Date: 17 May 2012

#### **Stress Management for Allied Health Practitioners**

#### **Time Management for Allied Health Practitioners**

#### **Teaching Adult Learners**

Venue: Newtown

Time: 9 am to 3.45 pm

Book online at [www.cpdforalliedhealth.org](http://www.cpdforalliedhealth.org) or phone Katie Dopheide 03 551 8448 or email [Katie.dopheide@greaterhealth.org](mailto:Katie.dopheide@greaterhealth.org)

### **Other Topics Available from CPDWorks**

#### **Emotional Intelligence (2.5 hours)**

#### **Encouraging Self Management Models in Health (2.5 hours)**

#### **Motivational Interviewing to Support Self Management Models in Health (3.0 hours)**

#### **Teaching Adult Learners**

**Allied Health Managers:** The effective orientation and socialisation of new staff (2.5 hours)

**Leadership for Senior Allied Health Practitioners:** Leading others, leading the profession, self leadership.

## Allied Health Recruitment and Retention Initiatives

### Allied Health Professional Recruitment Support Packages

The Department of Health is offering recruitment support packages for allied health professionals to work in rural or outer metropolitan Victoria.

Allied Health Professional Recruitment Support Packages have been developed in consideration of the financial contribution health and community services make when recruiting allied health professionals to Victorian rural and outer metropolitan locations. Packages are also made available in recognition of the increased difficulty faced by these services in securing allied health professionals.

For further information on these packages (including criteria) download the fact sheet, application and acquittal at the website which is located at:

[www.health.vic.gov.au/ihpv/ahppackages.htm](http://www.health.vic.gov.au/ihpv/ahppackages.htm)

### Victorian Attractive Employer Framework for the Health and Community Sector

The *Victorian Attractive Employer Framework for the Health and Community Services Sector* is now available on the Department of Health Victorian website.

This document is a framework to aid Victorian health and community services to address key issues relating to recruitment, retention and productivity of staff. The model contained within the framework identifies 5 key elements that pertain to an attractive sector and attractive organisation.

To view this document in full, visit the Department of Health website at:

[http://docs.health.vic.gov.au/docs/doc/A17D0EAB56272B17CA257960001D0C56/\\$FILE/AEM%20Framework\\_print%20version%20FINAL.pdf](http://docs.health.vic.gov.au/docs/doc/A17D0EAB56272B17CA257960001D0C56/$FILE/AEM%20Framework_print%20version%20FINAL.pdf)

### Nursing and Allied Health Rural Locum Scheme

The Nursing and Allied Health Rural Locum Scheme (NAHRLS) has been established to support nurses, midwives and eligible allied health professionals to get away to do the professional development training they need to continue their vital work.

The NAHRLS is a component of the Australian Governments National Health and Hospital Network Reform agenda and aims to remove some of the barriers rural health professionals face in accessing CPD activities.

The NAHRLS will support and recruit suitable locums to enable rural professionals to leave their post to undertake CPD activities and enable organisations to backfill their positions to support ongoing service delivery.

The NAHRLS employ the locum and the scheme supports all locum recruitment, travel and accommodation costs so there is no extra cost to your health service. The NAHRLS will then bill your health service for the pre agreed base pay rate amount for the locum and associated expenses, eg. superannuation, payroll tax, etc. This arrangement ensures there is a minimal administration burden to your service and the formal and proper contracting of the locum health professional.

For further information on the scheme including an application request for locums (from organisations and individuals), an application for allied health professionals to register as locums and the scope of allied health professionals covered in the scheme visit the website at [www.nahrls.com.au](http://www.nahrls.com.au) or call 1300 NAHRLS.

# Vacancies

## Hume region

### Dental

#### Albury Wodonga Health – Wodonga campus

##### Senior Dentist and Experienced Dentist | Full Time

We seeking applications from suitably qualified persons for the above positions to lead our newly expanded practice consisting of 10 chairs operated in conjunction with LaTrobe University. General enquiries in the first instance should be directed to Mr Greg Pearl – Director of Infrastructure by phoning 02 6051 7469. Position descriptions are available online at [www.awh.org.au](http://www.awh.org.au).

##### Oral health therapist

Our Dental Clinic is seeking the services of a qualified Oral Health Therapist interested in an exciting opportunity to work within our integrated adult and child service. The successful applicant will predominately work with children. However, the opportunity does exist to see adult clients. Enquiries should be directed to Kerryn Beer on 02 6051 7530.

##### Dental Positions

Our integrated dental service is part of an exciting new state-of-the-art ten chair training facility in support of the La Trobe University Bendigo Undergraduate Student Program. We are seeking suitably experienced clinical dental staff to join our enthusiastic team and to assist in the mentoring of dental students. If you are an enthusiastic and motivated applicant looking for a change of environment please contact Kerryn Beer, Practice Manager – Dental Clinic on 02 60517529. Position descriptions are available online at [www.awh.org.au](http://www.awh.org.au)

#### Seymour Health

##### Child oral health service | Various positions available

Seymour Child Oral Health integrated with Community Services in July 2008. We are seeking

interest for casual positions of Dental Therapist and Dental Assistant. Short-term contracts are available. For further information please contact Louise Sharkey, Community Services Director, on 03 5793 6100 or email to [infor@seymourhealth.org.au](mailto:infor@seymourhealth.org.au).

### Occupational Therapy

#### Northeast Health Wangaratta

##### Occupational Therapist Grade 2 | Temporary Part Time 40 hours per fortnight

Northeast Health Wangaratta is seeking a grade 2 OT to provide clinical services and support to the Thomas Hogan Inpatient Rehabilitation Centre including Geriatric evaluation and management and bed based transitional care programs. The position will also coordinate OT service provision to the unit and will provide support and mentoring to the grade 1 rotational OT and Allied Health Assistants.

For enquiries contact Stacey Manfield, Clinical Leader OT on 0357225508 or Neil Barassi Team Leader on 0357225818. A copy of PD is available at <http://nhw.hume.org.au/job-vacancies/occupational-therapist-grade-2-2/>

#### Albury Wodonga Health

##### Occupational Therapist Level 1 – 3 | Full Time 76 hours per fortnight

Albury Wodonga Health has received funding to expand and develop our inpatient subacute services on the Albury campus. This presents a fantastic opportunity to be involved in the development of a new admitted subacute service.

So if you are enthusiastic and keen to work in an expanding and exciting area with a focus on client centred interdisciplinary team work, then come and work with us. You will need to have excellent clinical skills in your discipline, experience working within a multidisciplinary or interdisciplinary team, a love of working with and a commitment to subacute inpatients, and the willingness to share your expertise with others. If you believe that this sounds like a fantastic opportunity (which it is) we look forward to

# Vacancies

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receiving your application. If you would like more.

## **Occupational Therapist Level 1 – 3 | Part Time 60.8 hours per fortnight**

Albury Wodonga Health has received funding to expand the current Wodonga based Community Rehabilitation Services and develop a service on the Albury campus. This presents a fantastic opportunity to be involved in the development of a new subacute ambulatory service at the beginning.

So if you are enthusiastic and keen to work in an expanding and exciting area with a focus on client centred interdisciplinary team work, then come and work with us. You will need to have excellent clinical skills in your discipline, experience working within a multidisciplinary or interdisciplinary team, a love of working with and a commitment to community or ambulatory patients, and the willingness to share your expertise with others. If you believe that this sounds like a fantastic opportunity (which it is) we look forward to receiving your application. If you would like more information then please give us a ring.

Helen Mitchell 0260584572, or check out the position description at -

[http://www.awh.org.au/employment/images/PD\\_CR\\_OT\\_PD\\_AWH\\_2011.pdf](http://www.awh.org.au/employment/images/PD_CR_OT_PD_AWH_2011.pdf)

All positions are based at the Albury campus and are classified according to NSW Health Service Awards.

## **Physiotherapy**

### **Seymour Health**

#### **Physiotherapist | Permanent Part Time, hours negotiable**

Ambulatory Care, Acute and Aged Care centres, for early 2012 start. The successful applicant must possess a minimum of one year post graduate experience in a like setting; have excellent organisational skills with a team focus. Enquiries to Julie Crook 0357358050 or to [info@seymourhealth.org.au](mailto:info@seymourhealth.org.au) or for position description go to -

<http://www.seymourhealth.org.au/uploads/Physiotherapist%202011.pdf>

### **Albury Wodonga Health**

#### **Physiotherapist Level 1 - 3 | Full Time 76 hours per fortnight**

Albury Wodonga Health has received funding to expand and develop our inpatient subacute services on the Albury campus. This presents a fantastic opportunity to be involved in the development of a new admitted subacute service.

So if you are enthusiastic and keen to work in an expanding and exciting area with a focus on client centred interdisciplinary team work, then come and work with us. You will need to have excellent clinical skills in your discipline, experience working within a multidisciplinary or interdisciplinary team, a love of working with and a commitment to subacute inpatients, and the willingness to share your expertise with others. If you believe that this sounds like a fantastic opportunity (which it is) we look forward to receiving your application. If you would like more information then please give us a ring.

Karyn O'Loughlin 0260584564, or check out the position description at -

[http://www.awh.org.au/employment/images/AWH\\_PT\\_PD\\_subacute.pdf](http://www.awh.org.au/employment/images/AWH_PT_PD_subacute.pdf)

All positions are based at the Albury campus and are classified according to NSW Health Service Awards.

## **Other**

### **Northeast Health Wangaratta**

#### **Mental Health Clinician. Grade 4 | Temporary until 30 June 2012 | 64 hours per fortnight**

We are seeking an enthusiastic, experienced Mental Health Clinician to provide clinical services in regional general practices. The clinician will be co-located in general practices, providing primary and secondary consultation, mental health assessment, care planning and provision of focused psychological

# Vacancies

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strategies for clients with high prevalence mental disorders such as anxiety, depression and co-morbid substance use disorders. The successful applicant must:

- Hold current registration with the appropriate professional body for their discipline, i.e. Psychologist, Psychiatric Nurse, Social Worker, Occupational Therapist.
- Have expertise in providing evidence based care for clients experiencing high prevalence mental health disorders, including anxiety, depression and co-morbid substance use disorder.
- Have undertaken training in CBT.
- Have achieved or working towards advanced dual diagnosis capability.
- Possess highly developed communication and liaison skills.
- Hold a current Victorian drivers licence and be prepared to undertake significant travel.

For further information contact Jennifer Ahrens on 0357222677 or email [jennifer.ahrens@nhw.hume.org.au](mailto:jennifer.ahrens@nhw.hume.org.au)

## Goulburn Valley Health

### Allied Health Clinical Lead – Subacute program | Permanent Full Time

The allied health clinical lead is a full time position and will provide clinical leadership and program coordination in the subacute service area to ensure safe effective and high quality allied health is provided across the subacute programs.

As an AHPRA registered and/or accredited allied health professional, your extensive clinical knowledge in the area of subacute service delivery and management and leadership experience in the health sector will be supported by excellent interpersonal and communication skills.

Please contact Gayle Sammut – Manager Allied Health Services on 0358323738 or 0438076646 for more information or for position description go to [http://gvhealth.mhr.com.au/Upload/PDs/Library/SAC\\_S\\_Allied%20Health%20Clinical%20Lead\\_December%202011.pdf](http://gvhealth.mhr.com.au/Upload/PDs/Library/SAC_S_Allied%20Health%20Clinical%20Lead_December%202011.pdf)

Applicants must address key selection criteria in their application.

### Clinical Neuropsychologist VPRS | Fixed Term Part Time

An opportunity exists for an experienced and motivated Clinical Neuropsychologist in the Victorian Paediatric Rehabilitation Service Goulburn Valley. VPRS is a specialist assessment and treatment service for children and adolescents who as a result of injury, medical/surgical intervention or functional impairment, will benefit from a program of developmentally appropriate, time limited, goal focused, multidisciplinary rehabilitation. This position is responsible for providing high quality neuropsychology services to clients of VPRS – GV. The successful applicant will possess a post graduate qualification in clinical neuropsychology and be registered with the psychologist's board of Australia with an approved area of endorsement in clinical neuropsychology. Please contact Sally Belcher 0358323100 or Wendy Amor 0358323100 for more information. For a copy of position description you can go to

[http://gvhealth.mhr.com.au/Upload/PDs/Library/VPRS\\_Clinical%20Neuropsychologist\\_November%202011.pdf](http://gvhealth.mhr.com.au/Upload/PDs/Library/VPRS_Clinical%20Neuropsychologist_November%202011.pdf)

### Project Officer | Fixed Term Part Time x 2, .5 FTE and x 1 Full Time Positions

Both of these positions are supported by the Hume RICS team. The two roles will primarily support and facilitate cancer service improvements. One position is based in Shepparton and one in Wodonga. For more information go to website below and follow the prompts. <http://gvhealth.mhr.com.au/jobvac.asp>

### Senior Community Mental Health Clinician |

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## **Senior Community Mental Health Clinician | Permanent Full Time, Seymour**

Lower Hume Adult Community Mental Health service is currently seeking a senior mental health clinician (2 positions) to join an enthusiastic and innovative team. The successful incumbent's responsibilities will include providing team leadership to an outreach area and supervision to clinical staff. For more information please contact Melanee Smith 0357350333 or Christine McDougall 0358322111.

For position description go to [http://gyhealth.mhr.com.au/Upload/PDs/Library/Seymour\\_Senior%20Clinician\\_September%202011.pdf](http://gyhealth.mhr.com.au/Upload/PDs/Library/Seymour_Senior%20Clinician_September%202011.pdf)

All applicants must address the key selection criteria in their application.

## **Seymour Health**

### **Podiatrist | .4 to .6 FTE, Negotiable**

Seymour Health is seeking a qualified and experienced podiatrist. Enquiries to Julie Crook on 0357358050 or [info@seymourhealth.org.au](mailto:info@seymourhealth.org.au) For position description go to

<http://www.seymourhealth.org.au/uploads/Podiatry%20PD.pdf>

## **Albury Wodonga Health**

### **Mental Health Clinician | Full Time Fixed Term**

This is a short term opportunity for a suitably qualified and experienced person from one of the following disciplines – Registered Nurse, Social Worker or OT. This is a maternity leave position for a period of 49 weeks and is based with the Wodonga Adult Mental Health Service. For more information please contact Brian Kennedy, Program Manager on 0260517950 or [brian.kennedy@awh.org.au](mailto:brian.kennedy@awh.org.au) or Phil Terrell, Team Leader on 0260517950 or [philippe.terrell@awh.org.au](mailto:philippe.terrell@awh.org.au)

A copy of the position description can be found at [www.awh.org.au/employment](http://www.awh.org.au/employment)

## **Benalla Health**

### **Dietitian Grade 1 or 2 | Permanent Part Time, 40 Hours Per Fortnight**

This grade 2 dietitian position offers an exciting opportunity to be an integral part of the allied and community health team. Operating as a member of the multi disciplinary team, this position offers a varied caseload which ranges from medical, surgical, post trauma, aged care to community based clients. This position offers the opportunity for professional development and personal growth within a dynamic working environment. For more information regarding the role please contact Neil Stott, Director, Community Health on 0357612200. For position description go to

[http://www.benallahealth.org.au/benalla/sites/default/files/COMMHLTH\\_DietitianGrade2\\_Dec2011.docx\\_0.pdf](http://www.benallahealth.org.au/benalla/sites/default/files/COMMHLTH_DietitianGrade2_Dec2011.docx_0.pdf)

# Professional Development

Conferences, courses, seminars and resources

## 5<sup>th</sup> Exercise and Sports Science Australia Conference and 7<sup>th</sup> Sports Dietitians Australia Update

### Research to Practice

Themed from Research to Practice, the program is designed to link the theory of exercise, sport and nutrition sciences with practice in the field. The conference attracts a large number of practitioners who benefit directly from the latest technical information, current research, new products and equipment.

**When:** 19 – 21 April 2012

**Where:** Jupiter's Casino, Gold Coast, Queensland

## Neuromuscular Dry Needling – Advanced Level 2

### 2 Day Course

**Venue** – St John of God Hospital, the physiotherapy department, Lily st Bendigo.

**Date** – 21 – 22 July 2012, Saturday and Sunday

**Presenter** – Jorgen Forsberg, Senior Clinician Physiotherapist, Pain Management Coordinator

**Cost** - \$550 + GST Non APA member or \$500 + GST APA member.

Lunch and Coffee provided.

## Multidisciplinary Palliative Care Short Courses

The Centre for Palliative care at St Vincent's Hospital, in partnership with the University of Melbourne, has developed a range of short courses that focus on preparing all health professionals for the core aspects of palliative care. The short courses cover a variety of topics and health professionals are welcome to register for one or more of the courses. All courses are evidence based and delivered by a broad range of presenters, who are specialists in their field.

Each of the short courses is linked to the award course, 'Specialist Certificate in Palliative Care'. For further information about any of the short courses or the 'Specialist Certificate in Palliative Care' please

contact School of Melbourne Custom Programs – Ph 0398103148 or email

[palliativecare@mccp.unimelb.edu.au](mailto:palliativecare@mccp.unimelb.edu.au) or go to – [www.mccp.unimelb.edu.au/palliativecare](http://www.mccp.unimelb.edu.au/palliativecare)

## Australian Institute for Flexible Learning

Located at, 20 Kiell St Corryong 3707.

The following courses are offered by the institute :

HLT32507 Certificate III in Health Services Assistance

HLT32807 Certificate III in Health Support Services

HLT43207 Certificate IV in Health Administration

HLT51007 Diploma of Population Health

HLT61107 Advanced Diploma of Nursing

For more information phone: 0260763283, or Visit:

[www.aifl.edu.au](http://www.aifl.edu.au)

## Other Resources

### Prioletti Consultants

Prioletti Consultants specialise in assisting services to work more effectively with people from diverse cultural backgrounds. Our services include training, resource development and consultancy/planning.

Prioletti Consultants also provide a range of training services to the community sector including Disability, Aged Care and Health Services.

The calendar of events for 2012 will include –

- Cross Cultural Awareness and Communication.
- Understanding Dementia
- Ageing and Disability
- Indigenous Awareness Forum

For more information go to –

[www.prioletticonsultants.com.au](http://www.prioletticonsultants.com.au)

# Professional Development

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## PPL Education Services

PPL Education services is a specialist education provider servicing the professional development needs of the following professions –

- Psychology
- Psychiatry
- Injury Management and Rehabilitation
- Workers compensation
- Medico – Legal

The core focus of PPL is to deliver quality conferences supported by relevant associations at an affordable price. For a calendar of events and further information go to – [www.ppledication.com.au](http://www.ppledication.com.au)

## The Bouverie Centre

The Bouverie Centre, Victoria's Family Institute is a unique public institute located within Latrobe University's faculty of Health Sciences. Our work focuses on the important role of the family and the power of relationships to foster social, emotional and mental wellbeing for at risk individuals and their families and for the community at large. They are publically funded with the majority of funds coming from Victoria's department of Human Services.

For further information and a program of events please go to – [www.bouverie.org.au](http://www.bouverie.org.au)

## Change Champions and Associates

Change Champions and Associates delivers seminars and master classes and supports skills development as an innovation knowledge integrator and disseminator.

We form strategic partnerships with like minded organisations and individuals to make available the latest, best and most interesting services, products and resources to our audience.

From 1<sup>st</sup> January 2011, Change Champions and Associates became the Australasian and Asia Pacific

Rim lead for CHAIN, the not for profit network of more than 9500 professionals in 40 countries who are committed to leading change in health care. For more information including a calendar of events please go to – [www.changechampions.com.au](http://www.changechampions.com.au)



### Did you know?

Normal breathing rate is only 12 breaths per minute at rest. Older text books quote even smaller values of 8 – 10 breaths per minute. Most modern adults breathe at 15 – 20 breaths per minute, much faster than normal rates. Respiratory rates in the sick are much faster at 20 or more breaths per minute.

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